

IFFCO RECREATION CLUB

PARADEEP UNIT

Vill. – Musadia, P. O. – Paradeep (Orissa) – 754142



P K MAHAPATRA

President

03.09.2025

A K SINGHA

Vice President

CIRCULAR FOR AVAILABILITY OF GYM TRAINER

V CHAUDARY

Secretary

Dear Members,

We are pleased to inform you that a gym trainer will be available at the IRC gym for a period of two months, starting from 05.09.2025.

SATYAJIT KAR

Joint Secretary

All members are encouraged to make the most of this opportunity to receive professional guidance for their fitness goals.

R SRITEJ

Treasurer

Important Guidelines:

Executive Members:

- Members are requested to come in proper gym attire and appropriate sports shoes for safety and hygiene reasons.
- Cooperation with the trainer and adherence to gym rules is expected from all members.

D PATTANAYAK

D K MISHRA

V V RAMANA

VIJAY KULSHRESTHA

RAMAKRISHNA C

AUNSHUMAN PUITANDI

Vishvendra Chaudhary
Secretary (IRC)